

First Aid

Duration: 1.5 - 2 hours

Overview:

When an accident happens it is vital that immediate action is taken so it is important to have a basic grasp of first aid. This course covers basic and advanced first aid techniques and looks at what to do in the event of an emergency.

First Aid looks at the law and the legal requirements for dealing with accidents and first aid provision in the workplace. The course covers performing risk assessments and establishing effective control measures.

The objective of this course is to give first aid information to beginners and experienced first aiders alike.

Outcomes:

- ✓ Inspire the confidence to deal with basic first aid emergencies and more serious incidents but also to know when medical help must be sought
- ✓ Be able to deal with basic first aid emergencies and understand the legal requirements surrounding first aid provision at work
- ✓ Understand the theory and practice behind advanced first aid procedures such as DR, ABC and CPR and see the benefits that a first aid certificate can bring
- ✓ Understand that there are times when the best first aid is calling for professional help.

Summary:

- ✓ Introduction to First Aid
- ✓ Giving First Aid
- ✓ Advanced First Aid
- ✓ First Aid Requirements
- ✓ Including: Check my Understanding Tests and Full Course Test.